
























HEALTH & REHABILITATION CENTER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>*Volunteers Needed! To volunteer call Jessica 969-7002</p> <p>Activities and times are subject to change. Changes will be posted in Center Court and on public calendars.</p>	1 10:30 Exercise CC 11:00 Trivia CC *1:30 Sundae Social CC 3:30 Tai Chi FC 6:15 Bible Study TH	2 10:30 Exercise CC 11:00 Trivia CC 2:00 Bingo TS 4:00 Word Games CC 5:45 Sing-Along with Sara CC 	3 10:15 Doug's Devotions ML 11:00 Exercise CC 2:00 Guys Gathering with Chaplain Doug RR 3:00 Catholic Communion CH	4 10:30 Exercise CC 11:00 Trivia CC 1:30 Ice Cream Floats CC 4:00 Creative Corner CC 5:00 Guitar with Sam DR	5 10:30 Crockpot Creations CC 1:30 Exercise CC 2:00 Trivia CC *4:00 Happy Hour ML	6 10:30 Exercise CC 11:00 Trivia CC *1:30 Snack and Roll CC 5:30 Activity Cart RR 
7 9:00 Chapel Service ML 12:00 Inspirational Poem DR 2:00 Visitation with Doug RR	8 10:30 Exercise CC 11:00 Trivia CC *1:30 Sundae Social CC 3:30 Tai Chi FC 6:15 Bible Study TH 	9 10:30 Exercise CC 11:00 Trivia CC 2:00 Bingo TS 4:00 Guitar with Jess CC	10 10:15 Doug's Devotions ML 11:00 Exercise CC *2:00 Wine & Cheese with music by Robert Rogers GR 3:00 Catholic Communion CH 	11 10:30 Exercise CC 11:00 Trivia CC 1:30 Ice Cream Floats CC 4:00 Creative Corner CC	12 10:30 Music with Jess CC 11:00 Exercise CC *2:30 Old Hollywood Celebration ML 	13 10:30 Exercise CC 11:00 Trivia CC *1:30 Snack and Roll CC 2:00 Activity Cart RR
14 9:00 Chapel Service ML 12:00 Inspirational Poem DR 2:00 Visitation with Doug RR *2:30 Music with Mike GR 	15 10:00 Donuts & Coffee ML 10:15 Resident Council ML 10:30 Exercise CC 11:00 Trivia CC *1:30 Sundae Social CC 3:30 Tai Chi FC 6:15 Bible Study TH 	16 10:30 Exercise CC 11:00 Trivia CC 2:00 Bingo TS 4:00 Guitar with Jess CC	17 10:15 Doug's Devotions ML 11:00 Exercise CC 3:00 Catholic Mass CH *4:00 Happy Hour and Sing-Along with Ron ML 	18 10:30 Exercise CC 11:00 Trivia CC *1:00 Botanical Conservatory Pumpkin Display OUT 1:30 Ice Cream Floats CC 4:00 Word Games CC 	19 9:30 Accordion Concert GR 10:30 Exercise CC 11:00 Trivia CC 1:00 Fall Fun Puzzles and Games CC	20 10:30 Exercise CC 11:00 Trivia CC *1:30 Snack and Roll CC 2:00 Activity Cart RR
21 9:00 Chapel Service ML 12:00 Inspirational Poem DR 2:00 Visitation with Doug RR	22 10:30 Exercise ML 11:00 Trivia ML *1:30 Sundae Social CC 3:30 Tai Chi FC 6:15 Bible Study TH	23 10:30 Exercise CC 11:00 Trivia CC 2:00 Bingo TS 4:00 Guitar with Jess CC	24 10:15 Doug's Devotions ML 11:00 Exercise CC 12:00 Ladies Luncheon 3:00 Catholic Communion CH	25 10:30 Exercise CC 11:00 Trivia CC 1:30 Ice Cream Floats CC 4:00 Creative Corner CC	26 1:30 Exercise CC 2:00 Trivia CC 4:00 Happy Hour ML *6:30 Trick or Treat CC 	27 10:30 Exercise CC 11:00 Trivia CC *1:30 Snack and Roll CC 5:30 Activity Cart RR
28 9:00 Chapel Service ML 12:00 Inspirational Poem DR 2:00 Visitation with Doug RR	29 10:30 Exercise CC 11:00 Trivia CC *1:30 Sundae Social CC 3:30 Tai Chi FC 6:15 Bible Study TH	30 10:30 Exercise CC 11:00 Trivia CC 2:00 Bingo TS 4:00 Guitar with Jess CC 	31 10:15 Doug's Devotions ML 11:00 Exercise CC *2:00 Birthday Party 3:00 Catholic Communion CH 5:00 Guitar with Sam DR			CC—Center Court CH— RC Chapel DR—Dining Room FC —RC Fitness Center GR—Great Room ML—Medicare Lounge OUT—Outing P—Patio RR—Room to Room SR—Sun Room TH—RC Towne Hall TS—Towne Square

RETIREMENT CENTER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>♦ Daily Morning Coffee 8:30-10:00 AM (EL)</p> <p>♦ Daily Coffee Shop 2:00-4:00 PM (EL)</p> <p>CALENDAR IS SUBJECT TO CHANGE— CHANNEL 92 HAS ANNOUNCEMENTS AND UPDATES.</p> <p><i>Sign-up sheets are in Towne Hall or the Café for activities marked in RED.</i></p>	<p style="text-align: right;">1</p> <p>8:30 Strength & Cardio (FC) 9:30 Fitness Class—Fit & Tone (FC) 10:00 Resident Council (TH) 11:15 Tone Chimes —CANCELLED (TH) 1:00 Kroger on St. Joe Center (HR) 1:15 Choir Practice (CH) 2:30 Shuffleboard (CT) 3:30 Tai Chi (FC) 6:30 Bible Study (TH)</p>	<p style="text-align: right;">2</p> <p>9:30 Exercise Basics (FC) 10:15 Dar Richardson (RR) 10:15 Walgreens/Dollar General (HR) 11:15 Balance & Flexibility (FC) 12:30 Ladies' Billiards (GR) 2:00 Bingo (TH) 6:30 Sing-Along with Sara Heminger in the Chapel</p> 	<p style="text-align: right;">3</p> <p>8:30 Strength & Cardio (FC) 9:00 Prayer Meeting (CH) 9:30 Morning Stretch (FC) 10:00 Rummikub (EL) 10:30 Interior Design Meeting 11:00 Aqua Fitness Class (HR) 11:30 Wednesday on Wayne Street Music and Lunch \$ (HR) 1:00 NorthCrest, JoAnn, Aldi (HR) 2:00 Chair Yoga & Stretching (CR) 3:00 Catholic Communion (CH) 6:30 Hand and Foot (TH)</p>	<p style="text-align: right;">4</p> <p>9:30 Fitness Class—Moves (FC) 10:15 Meijer (HR) 10:30 Marcia's Garden Walk with lunch in TH Cafe (HR) 11:15 Fitness Video (FC) 12:30 Ladies' Billiards (GR) 2:00 Sweet Shop Sundaes (EL) 6:30 Casual Bridge (EL)</p> 	<p style="text-align: right;">5</p> <p>8:30 Equipment Orientation (FC) 9:30 Fitness Class—Zumba Gold (FC) 10:00 Ping Pong (FC) 10:30 Trip to Hilger's Family Farm for hot apple cider & pumpkins (HR) 6:30 Euchre (TH)</p> 	<p style="text-align: right;">6</p> <p>9:30 Exercise Basics (FC) 10:00 Men's Billiards GR) 2:00 Coffee Shop (EL) 2:00 Movie Theater Matinee: "My Best Friend's Wedding" 6:30 Independent cards, dominoes, board games (GR) 6:45 Philharmonic Masterworks Concert (HR) "Opening Night with Renee Fleming"</p>
<p style="text-align: right;">7</p> <p>7:00 Lutheran Ministries Church Service TV NBC 13 10:00 Chapel Service with Pastor Doug 10:30 Catholic TV Mass WFFT 12 1:00 "The Bible: (MT) 1:00 Wii Bowling (FC) 2:00 Coffee Shop (EL)</p>	<p style="text-align: right;">8</p> <p>8:30 Strength & Cardio (FC) 9:30 Fitness Class—Fit & Tone (FC) 11:00 Aqua Fitness Class (HR) 11:15 Tone Chimes (TH) 1:00 Dollar Tree/CVS/Target (HR) 1:15 Choir Practice (CH) 1:30 Stitches and More (CR) 2:30 Friends Showcase Concert at Purdue Fort Wayne-FREE 2:30 Shuffleboard (CT) 3:30 Tai Chi (FC) 6:30 Bible Study (TH)</p> 	<p style="text-align: right;">9</p> <p>9:30 Exercise Basics (FC) 10:15 Dar Richardson (RR) 10:15 Kroger on Clinton (HR) 10:30 Activities Committee (TH) 11:15 Balance & Flexibility (FC) 12:30 Ladies' Billiards (GR) 1:00-4:00 Indoor Market (FC) 2:00 Bingo (TH) 4:00 Thirsty Tuesday with Towne House Pianists (TH)</p>	<p style="text-align: right;">10</p> <p>8:30 Strength & Cardio (FC) 9:00 Prayer Meeting (CH) 9:30 Morning Stretch (FC) 10:00 Rummikub (EL) 12:00 Ladies Luncheon (FG) 1:00 Jefferson Pointe (HR) 2:00 Chair Yoga & Stretching (CR) 3:00 Catholic Communion (CH) 6:30 Hand and Foot (TH)</p>	<p style="text-align: right;">11</p> <p>8:00 Breakfast & Walking Trip (HR) 9:30 Fitness Class— Moves (FC) 10:15 Dietary Committee (DR) 10:15 Walmart (HR) 11:15 Fitness Video (FC) 12:30 Ladies' Billiards (GR) 2:00 Sweet Shop Floats (EL) 3:00 Hand & Foot Lessons with Lois Johnson (TH) 6:30 Bridge Club (TH)</p> 	<p style="text-align: right;">12</p> <p>8:30 Equipment Orientation (FC) 9:30 Fitness Class—Zumba Gold (FC) 10:00 Ping Pong (FC) 12:30 Ladies' Billiards (GR) 1:00 Medicare Presentation with Jocelyn Ivancic (TH) 6:30 Euchre (TH)</p> 	<p style="text-align: right;">13</p> <p>9:30 Exercise Basics (FC) 10:00 Men's Billiards (GR) 1:00 Flute Expressions Halloween Performance (TH) 2:00 Coffee Shop (EL) 2:00 Movie Theater Matinee: "The Caine Mutiny" 6:30 Independent cards, dominoes, board games (GR)</p>
<p style="text-align: right;">14</p> <p>7:00 Lutheran Ministries Church Service TV NBC 13 10:00 Chapel Service with Pastor Doug 10:30 Catholic TV Mass WFFT 12 1:00 Wii Bowling (FC) 2:00 Coffee Shop (EL)</p>	<p style="text-align: right;">15</p> <p>8:30 Strength & Cardio (FC) 9:30 Fitness Class—Fit & Tone (FC) 10:15 Tone Chimes (TH) 1:00 Kroger on St. Joe Center (HR) 1:15 Choir Practice (CH) 1:30 Crafting earrings with Emily (CR) 2:30 Shuffleboard (CT) 3:30 Tai Chi (FC) 6:30 Bible Study (TH)</p> 	<p style="text-align: right;">16</p> <p>9:30 Exercise Basics (FC) 10:15 Dar Richardson (RR) 10:15 Walgreens/Dollar General (HR) 11:15 Balance & Flexibility (FC) 12:30 Ladies' Billiards (GR) 2:00 Bingo (TH) 7:00 OctoberFest with the New Horizons Polka Band (TH)</p> 	<p style="text-align: right;">17</p> <p>8:30 Strength & Cardio (FC) 9:00 Prayer Meeting (CH) 9:30 Morning Stretch (FC) 10:00 Rummikub (EL) 10:00 Facials (BS) 11:00 Aqua Fitness Class (HR) 12:00 Men's Luncheon (FG) 1:00 Glenbrook/Target (HR) 2:00 Chair Yoga & Stretching (CR) 3:00 Catholic Mass (CH) 3:30 Wine & Cheese Social (TH) 6:30 Hand and Foot (TH)</p>	<p style="text-align: right;">18</p> <p>9:30 Fitness Class—Moves (FC) 10:00 Cooking Class (CR) 10:15 Meijer (HR) 11:15 Fitness Video (FC) 12:30 Ladies' Billiards (GR) 1:00 Book of the Month Club (CR) 2:00 Sweet Shop Sundaes (EL) 4:00 Dinner out to Paula's on Main (HR) \$\$ 6:30 Casual Bridge (EL)</p> 	<p style="text-align: right;">19</p> <p>8:30 Equipment Orientation (FC) 9:30 Fitness Class—Zumba Gold (FC) 10:00 Ping Pong (FC) 12:30 Ladies' Billiards (GR) 2:00 Jane Gastineau presents "Lincoln's Home Front" in the Lincoln Library Series (TH) 6:30 Euchre (TH)</p> 	<p style="text-align: right;">20</p> <p>9:30 Exercise Basics (FC) 10:00 Men's Billiards (GR) 2:00 Coffee Shop (EL) 2:00 Movie Theater Matinee: "The Producers" 6:30 Independent cards, dominoes, board games (GR)</p>
<p style="text-align: right;">21</p> <p>7:00 Lutheran Ministries Church Service TV NBC 13 10:00 Chapel Service with Pastor Doug and The Towne House Singers 10:30 Catholic TV Mass WFFT 12 1:00 "The Bible" (MT) 1:00 Wii Bowling (FC) 2:00 Coffee Shop (EL)</p>	<p style="text-align: right;">22</p> <p>8:30 Strength & Cardio (FC) 9:30 Fitness Class—Fit & Tone (FC) 10:00 HTS Therapy Health Talk (FC) 10:15 Tone Chimes (TH) 11:00 Aqua Fitness Class (HR) 1:00 Dollar Tree/CVS/Target (HR) 1:15 Choir Practice (CH) 2:00 Painting pumpkins with Sara (TH) 2:30 Shuffleboard (CT) 3:30 Tai Chi (FC) 6:30 Bible Study (TH)</p> 	<p style="text-align: right;">23</p> <p>9:30 Exercise Basics (FC) 10:15 Dar Richardson (RR) 10:15 Kroger on Clinton (HR) 11:15 Balance & Flexibility (FC) 12:30 Ladies' Billiards (GR) 2:00 Bingo (TH) 4:00 Thirsty Tuesday with Towne House Pianists (TH) 6:45 Fort Wayne Community Band Concert at PFW</p> 	<p style="text-align: right;">24</p> <p>8:30 Strength & Cardio (FC) 9:00 Prayer Meeting (CH) 9:30 Morning Stretch (FC) 10:00 Rummikub (EL) 1:00 Earth Fare (HR) 1:00 Wii Bowling (FC) 2:00 Chair Yoga & Stretching (CR) 3:00 Catholic Communion (CH) 5:30 Birthday Dinner (FG) 6:30 Hand and Foot (TH)</p>	<p style="text-align: right;">25</p> <p>9:00 Quilting Bee Meeting (CR) 9:30 Fitness Class - Moves (FC) 10:15 Walmart (HR) 11:15 Fitness Video (FC) 12:30 Ladies' Billiards (GR) 2:00 Sweet Shop Floats (EL) 3:00 Speaking Presentation: Esther Hibbard, Education Leader and Japanese Translator (TH) 6:30 Bridge Club (TH)</p> 	<p style="text-align: right;">26</p> <p>8:30 Equipment Orientation (FC) 9:30 Fitness Class—Zumba Gold (FC) 10:00 Ping Pong (FC) 12:30 Ladies' Billiards (GR) 6:30 STAFF TRICK OR TREAT NIGHT AROUND THE CIRCLE DRIVE</p> 	<p style="text-align: right;">27</p> <p>9:30 Exercise Basics (FC) 10:00 Men's Billiards (GR) 2:00 Coffee Shop (EL) 2:00 Movie Theater Matinee: "To Kill A Mockingbird" 6:30 Independent cards, dominoes, board games (GR) 6:45 Philharmonic Masterworks Concert (HR) "The Rach 2"</p>
<p style="text-align: right;">28</p> <p>7:00 Lutheran Ministries Church Service TV NBC 13 10:00 Chapel Service with Pastor Doug 10:30 Catholic TV Mass WFFT 12 1:00 "The Bible" (MT) 1:00 Wii Bowling (FC) 2:00 Coffee Shop (EL) 2:00 Youth Strings Recital (CH)</p> 	<p style="text-align: right;">29</p> <p>8:30 Strength & Cardio (FC) 9:30 Fitness Class—Fit & Tone (FC) 10:15 Tone Chimes (TH) 11:00 Lunch at Wrigley Field (HR) 1:00 Kroger on St. Joe Center (HR) 1:15 Choir Practice (CH) 2:30 Volunteer Orientation meeting (L) 2:30 Shuffleboard (CT) 3:30 Tai Chi (FC) 6:30 Bible Study (TH)</p> 	<p style="text-align: right;">30</p> <p>9:30 Exercise Basics (FC) 10:15 Women's Care Club (CH) 10:15 Walgreens/Dollar General (HR) 11:15 Balance & Flexibility (FC) 12:30 Ladies' Billiards (GR) 2:00 Bingo (TH) 7:00 Heartland Sings presents An Evening With Cole Porter (TH)</p> 	<p style="text-align: right;">31</p> <p>8:30 Strength & Cardio (FC) 9:00 Prayer Meeting (CH) 9:30 Morning Stretch (FC) 10:00 Rummikub (EL) 11:00 Aqua Fitness Class (HR) 2:00 Chair Yoga & Stretching (CR) 2:00 Halloween Party! Resident and Staff Costume Contest plus Special guest Magician (TH) 3:00 Catholic Communion (CH) 6:30 Hand and Foot (TH)</p>	 <h1 style="font-size: 4em; margin: 0;">OCTOBER</h1>		<p>BS—Beauty Shop G—Garden CH— Chapel GR—Game Room CIR—Circle Drive HR—High Rise CR—Craft Room Entrance CT—Courtyard L—Library DR—Dining Room MT—Movie Theater EL—Ewing Lounge NS—Nurses Station FG—Fireside Grille RR—Room to Room FC—Fitness Center TH— Towne Hall FL—Front Lobby</p>