

Join us for the latest in our women's health series:

WOMEN & HEART DISEASE

Wednesday, September 20 | 2:00 pm The Towne House, Towne Hall

According to the CDC, heart disease is the leading cause of death for women in the United States, and research has shown that only about half recognize that heart disease is their number one killer.

Please join us for this informative program featuring guest speakers, Amanda Lutter, NP, and Jordan Parkhurst from IU Health's Cardiac Rehab.

They'll provide an information-filled presentation with plenty of time for your questions.

Heart-healthy refreshments will be served.

Amanda Lutter is a board certified adult and geriatric nurse practitioner and an associate member of the American College of Cardiology.

Jordan Parkhurst holds a Masters in clinical exercise physiology from Ball State University. Lead exercise physiologist for IU Health's Cardiac Rehab.

Please RSVP to Ann Sordelet at <u>asordelet@townehouse.org</u>





Presented by





